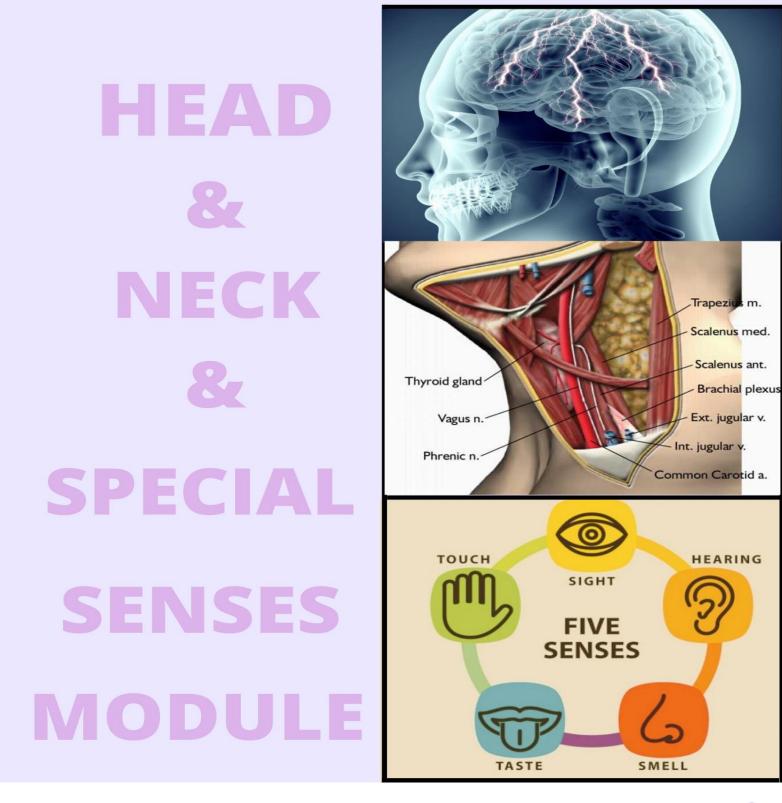
# STUDY GUIDE- SECOND YEAR MBBS • 31st May- 22nd July 2022

Duration: 7 Weeks





LIAQUAT NATIONAL HOSPITAL AND MEDICAL COLLEGE Institute for Postgraduate Medical Studies & Health Science



# **STUDY GUIDE FOR HEAD & NECK & SPECIAL SENSES-1 MODULE**

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Year: **Two** 

Module name: Head & Neck & Special Senses

Duration: 7 weeks (May-July 2022)

*Timetable hours:* Lectures, Case-Based Learning (CBL), Flipped Classroom, Self-Directed Learning, Practical, Skills, Demonstrations

## MODULE INTEGRATED COMMITTEE

MODULE COORDINATOR:	• Dr Saima Athar ( <b>Anatomy</b> )
CO-COORDINATORS:	• Dr. Naila Parveen ( <b>Physiology</b> )

## DEPARTMENTS' & RESOURCE PERSONS' FACILITATING LEARNING

BASIC HEALTH SCIENCES	CLINICAL AND ANCILLARY DEPARTMENTS		
<b>ANATOMY</b> Professor Zia-ul-Islam	<i>FAMILY MEDICINE</i> Dr. Rabeeya Saeed		
<b>BIOCHEMISTRY</b> Professor Kashif Nisar	<b>NEUROLOGY</b> Dr. Ahmed Asif		
<b>COMMUNITY MEDICINE</b> Dr. Saima Zainab			
<b>PHYSIOLOGY</b> Professor Syed Hafeezul Hassan			
<ul> <li>DEPARTMENT OF HEALTH PROFESSIONS EDUCATION</li> <li>Professor Nighat Huda</li> <li>Professor Sobia Ali</li> <li>Dr. Afifa Tabassum</li> <li>Dr. Sana Shah</li> </ul>			
<ul> <li>LNH&amp;MC MANAGEMENT         <ul> <li>Professor KU Makki, Principal LNH&amp;MC</li> <li>Dr. Shaheena Akbani, Director A.A &amp; R.T LNH&amp;MC</li> </ul> </li> </ul>			
STUDY GUIDE COMPILED BY: Department of Health Professions Education			

## **INTRODUCTION**

#### WHAT IS A STUDY GUIDE?

It is an aid to:

- Inform students how student learning program of the module has been organized
- Help students organize and manage their studies throughout the module
- Guide students on assessment methods, rules and regulations

### THE STUDY GUIDE:

- Communicates information on organization and management of the module. This will help the student to contact the right person in case of any difficulty.
- Defines the objectives which are expected to be achieved at the end of the module.
- Identifies the learning strategies such as lectures, small group teachings, clinical skills, demonstration, tutorial and case based learning that will be implemented to achieve the module objectives.
- Provides a list of learning resources such as books, computer assisted learning programs, web- links, journals, for students to consult in order to maximize their learning.
- Highlights information on the contribution of continuous and semester examinations on the student's overall performance.
- Includes information on the assessment methods that will be held to determine every student's achievement of objectives.
- Focuses on information pertaining to examination policy, rules and regulations.

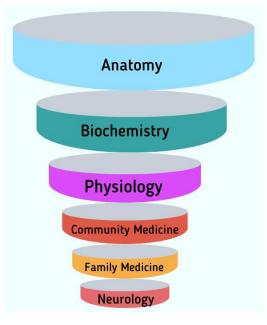
## CURRICULUM FRAMEWORK

Students will experience integrated curriculum similar to previous modules.

**INTEGRATED CURRICULUM** comprises of system-based modules such as Head and Neck & Special senses, Neurosciences and Endocrinology which links basic science knowledge to clinical problems. Integrated teaching means that subjects are presented as a meaningful whole. Students will be able to have better understanding of basic sciences when they repeatedly learn in relation to clinical examples.

Case-based discussions, computer-based assignments, early exposure to clinics, wards, and skills acquisition in skills lab and physiotherapy department are characteristics of integrated teaching program.

## **INTEGRATING DISCIPLINES OF HEAD AND NECK & SPECIAL SENSES MODULE**



## LEARNING METHODOLOGIES

The following teaching / learning methods are used to promote better understanding:

- Interactive Lectures
- Small Group Discussion
- Case- Based Learning
- Practicals
- Skills session
- Flipped Classroom
- Self-Directed Learning

## **INTERACTIVE LECTURES**

In large group, the lecturer introduces a topic or common clinical conditions and explains the underlying phenomena through questions, pictures, videos of patients' interviews, exercises, etc. Students are actively involved in the learning process.

**SMALL GROUP DISCUSSION (SGD):** This format helps students to clarify concepts acquire skills or attitudes. Sessions are structured with the help of specific exercises such as patient case, interviews or discussion topics. Students exchange opinions and apply knowledge gained from lectures, tutorials and self-directed learning. The facilitator role is to ask probing questions, summarize, or rephrase to help clarify concepts.

2022

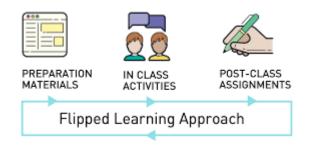
**CASE- BASED LEARNING:** A small group discussion format where learning is focused around a series of questions based on a clinical scenario. Students' discuss and answer the questions applying relevant knowledge gained in clinical and basic health sciences during the module.

**PRACTICAL:** Basic science practicals related to anatomy, biochemistry, pathology, pharmacology and physiology are scheduled for student learning.

**SKILLS SESSION:** Skills relevant to respective module are observed and practiced where applicable in skills laboratory or Department of Physiotherapy.

FLIPPED CLASSROOM: A flipped classroom is a type of blended learning where students are introduced

to content at home and practice working through it at classroom. This is the reverse of the more common practice of introducing new content classrooms, then assigning homework and projects to completed by the students independently at home.



The concept behind the flipped classroom is to rethink when students have access to the resources they need most. If the problem is that students need help doing the work rather than being introduced to the new thinking behind the work, then the solution the flipped classroom takes is to reverse that pattern.

**SELF DIRECTED LEARNING:** Students' assume responsibilities of their own learning through individual study, sharing and discussing with peers, seeking information from Learning Resource Center, teachers and resource persons within and outside the college. Students can utilize the time within the college scheduled hours of self-study.

## MODULE 3: HEAD & NECK & SPECIAL SENSES

## **INTRODUCTION**

The head and neck and special senses is an introductory module that provides knowledge about the vital structures present in the head and neck region, their functions, and clinical co-relations. These include the head and skull, organs for special senses (eyes, ears, nose, and tongue), cranial nerves, great vessels, and the thyroid gland. This module will give the students basic knowledge about the structures present in the head and neck region along with their important functions and abnormalities which can lead to various diseases.



## **COURSE OBJECTIVES AND STRATEGIES**

At the end of the module the students will be able to:

# ANATOMY

TOPICS & OBJECTIVES	LEARNING STRATEGIES
1. Bones of skull	
List the parts of skeleton (axial and appendicular)	
Describe different bones and sutures of skull	
2. Norma Frontalis, verticalis, fontanelles with their clinical correlation	
Identify the views/normas of skull.	Small Group
List the bones contributing to norma Frontalis & Verticalis	Discussion
Describe features related to bones of both normas	
Relate the contents with the respective foramina	
Identify the sutures and fontanelles on Norma verticalis	
Discuss the clinical importance of fontanelles	
3. Pharyngeal apparatus & its anomalies	
Define pharyngeal arches, pouches, clefts and membranes	Interactive
Describe the derivatives of each arch (Muscle, bones, cartilage)	Lecture/ Case-
Describe the fate of pouches, clefts and membranes	Based Discussion
Describe the common anomalies of pharyngeal apparatus	
4. Scalp & its layers	
Describe the extent/boundaries and five layers of scalp	Interactive
Describe the nerves and vessels of scalp and their clinical correlates	Lecture
5. Norma Lateralis & occipitalis	
Identify the bones contributing to Norma Lateralis and Occipitalis	
Recognize different bony landmarks of norma lateralis & occipitalis	Practical
Identify the sutures	
Relate the foramina with their respective contents	
6. Development of face & its anomalies	
Describe the formation of facial prominences	
Discuss the formation of different parts of face from the prominences	
Define nasal placode and nasal pit & nasolacrimal groove	
Discuss most common anomalies of face (cleft lip )	
7. Face (Muscles, Nerves: Extra Cranial Part of V &VII)	Interactive
Describe the boundaries of face	Lecture
Enumerate the muscles and innervation of face	
Discuss the action of muscles of face	
Discuss the course and distribution of CN-V and extra cranial part of CN- VII	
Describe the applied anatomy of face (Bell's palsy)	

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8. Norma Basalis (anterior and middle part)	
List the bones forming the base of skull	
Describe anterior and middle part of base of skull	Practical
Identify different foramina present at the base of skull	
Name the structures passing through these foramina	
9. Arteries, veins & lymphatic of face	
<ul> <li>Describe the arterial supply of face, the major veins of face and formation and fate of retromandibular vein</li> </ul>	
Explain the lymphatic drainage of face	
Discuss the clinical correlation (Danger area of face)	Interactive Lecture
10. Norma Occipitalis & posterior part of Basalis (Demonstration)	Lecture
List the bones forming the posterior aspect & base of skull	
State the details of posterior part of base of skull	
Describe different foramina & structures passing through them	
11. Orbital cavity and its contents	
Describe the boundaries& content of orbital cavity	Interactive
Enumerate the relations of orbital cavity	Lecture/
Describe location, relations and connections of ciliary ganglion	Tutorial
Define the disorders associated with ciliary ganglion	
12. Eyelid & Lacrimal Apparatus	
Describe Eyelid and its parts	
Explain the Innervation and blood supply of eyelids	Interactive
Describe parts of lacrimal apparatus	
Define the diseases of lacrimal apparatus	
13. Eyeball and Extraocular Muscles	
Explain the gross anatomical features of eyeball	
<ul> <li>Discuss different coats and compartment of the eyeball</li> </ul>	
<ul> <li>Explain the neurovascular supply and lymphatic drainage of the eyeball</li> </ul>	
Enumerate the extra-ocular muscles	
<ul> <li>Discuss the attachments and nerve supply of these muscles</li> </ul>	Interactive
Explain the actions of Extraocular muscles along with related clinical anatomy	Lecture/Hands
14. Development of eye	on small
<ul> <li>Describe the development of eye from neural and non-neural components</li> </ul>	group session
• Tabulate the structures which develop from optic cup, neural crest cells and surface ectoderm	
• Explain the development of iris, ciliary bodies, lens, cornea, eyelid and lacrimal gland	
Discuss the common congenital anomalies of eye	
Dissect layers of eyeball.	
Explain the anatomical organization of tunics of eyeball	
15. Cranial Nerves I - VI & their clinical correlation	
Explain the functional component and nuclei of these nerves	
<ul> <li>Describe the intra and extra cranial pathway</li> </ul>	Interactive
Describe the innervation by these nerves	Lecture
<ul> <li>Explain the cranial nerve lesions with their presentation</li> </ul>	
Discuss cranial nerve testing	

16. Gross anatomy of mandible and hyoid bone	
Describe parts of mandible	1
List attachments on each part of the mandible	-
• Describe the foramen on the mandible and the structures passing through these foramina	-
Enumerate the joints formed by mandible	 Tutorial
Describe the ossification of mandible	
Discuss the applied anatomy of mandible	1
Describe the location and vertebral level of hyoid bone	
Describe the parts of hyoid bone	
Explain the attachments on the hyoid bone	
17. Temporal Fossa & Temporomandibular Joint	
Describe the boundaries of temporal fossa	Interactive
List the contents of temporal fossa	Lecture/ Case
Describe the temporalis muscle, its innervation and action	- Based
Describe the Temporomandibular joint, its type and its articular surfaces	Discussion
Describe the ligaments attached and movements performed at Temporomandibular joint	
18. Infratemporal Fossa & Pterygopalatine Fossa	
Describe the boundaries of Infratemporal fossa	
List the contents of Infratemporal fossa	
List the communications of Infratemporal fossa	Interactive
Describe the contents and boundaries of Pterygopalatine fossa	Lecture
Discuss Pterygopalatine ganglion and its connections	
List the communications of Pterygopalatine fossa	
19. Cranial Nerves VII to XII & its clinical correlation	
List the functional components of these nerves	
Describe their intra and extra cranial course	Case - Based
Discuss their innervation	Discussion
Discuss the common lesions and their clinical presentation	
Demonstrate the clinical testing of these nerves	
20. Gross anatomy & histology of oral cavity	
Discuss the boundaries and divisions of the oral cavity	
Describe the vestibule and oral cavity proper with their contents	Interactive
Discuss the oropharyngeal isthmus	Lecture/
Describe the general features, classification, organization of oral mucosa	Practical
Discuss the type and components of oral epithelium	
Discuss the histology of lips, cheek , gums and palate	1
21. Gross anatomy of tongue	
Identify the gross anatomical features of the tongue	Interactive
Describe the intrinsic muscles and extrinsic musculature of tongue and their movements	Lecture
• Discuss the blood supply, innervation and lymphatic drainage of tongue and the clinical conditions	
associated with it	

LIAQUAT NATIONAL MEDICAL COLLEGE 2 TEAR WIDDS HEAD & NECK & SPECIAL	
22. Hard and Soft Palate	
Discuss the boundaries, muscle attachments and mucosal coverings of hard and soft palate	
Discuss the function of hard and soft palate during process of mastication and deglutition	
<ul> <li>Discuss the blood supply and nerve supply of hard and soft palate</li> </ul>	
<ul> <li>Discuss gag reflex and its complications after stroke</li> </ul>	
23. Parotid Gland and Parotid Region	
<ul> <li>Describe the boundaries and contents of the parotid region</li> </ul>	
<ul> <li>Describe the borders, surfaces and relations of parotid gland</li> </ul>	
<ul> <li>List the structures passing through it</li> </ul>	
<ul> <li>Describe the facial nerve and its branches in the mass of parotid gland</li> </ul>	
<ul> <li>Describe the origin, course and size of parotid duct.</li> </ul>	
• Discuss the clinical conditions (stone formation and parotitis) related to gland and duct	
24. Development of Tongue & salivary glands	
Describe the development of the tongue	
Discuss the congenital anomalies associated with the development of tongue	
Explain the beginning of development of the 3 salivary glands	
Discuss the embryonic development of secretory part, duct system and stroma	
25. Development of palate	
Describe palatal development during the seventh to ninth weeks of gestation	
Explain the embryonic basis of cleft palate	
Discuss the types of cleft lip and palate	
26. Gross Anatomy of external nose, boundaries, blood & nerve supply	
Describe the features of external nose	Interactive
Describe the boundaries of nasal cavity	Lecture/ Small Group
Describe the blood & nerve supply of nose	Discussion
<ul> <li>Discuss the formation of anastomoses at little's area and its clinical importance</li> </ul>	2.000.001
27. Histology of Nasal Cavity, respiratory & olfactory epithelia	
Enumerate the epithelia of nasal cavity	
<ul> <li>Discuss the features of olfactory and respiratory mucosa</li> </ul>	
<ul> <li>Describe the cells of olfactory and respiratory epithelium</li> </ul>	Interactive
28. Gross anatomy of Para nasal air sinuses	Lecture/ Small
List the para nasal air sinuses	Group
<ul> <li>Describe their location, important relations, drainage and nerve supply</li> </ul>	Discussion/
<ul> <li>Discuss the clinical significance of para nasal air sinuses</li> </ul>	Practical
29. Development of nose & para nasal sinuses	
<ul> <li>Describe development of different parts of nose and of para nasal sinuses</li> </ul>	
<ul> <li>Describe congenital anomalies associated with their development</li> </ul>	
30. Gross & Histology: External and Middle Ear	
<ul> <li>Discuss the division of ear into external, middle and internal ear</li> </ul>	
<ul> <li>Describe the parts of external ear, and the boundaries &amp; content of middle ear cavity</li> </ul>	Interactive
<ul> <li>Explain the histological features of parts of external and middle ear</li> </ul>	Lecture
<ul> <li>Discuss the functions of external and middle ear as an organ for hearing</li> </ul>	
<ul> <li>List the vascular supply and innervation of external and middle ear.</li> </ul>	
<ul> <li>Define the clinical conditions associated with external and middle ear</li> </ul>	

31. Neck, Deep Cervical Fascia, carotid sheath and Platysma Muscle	
<ul> <li>Define the layers of neck; skin superficial fascia and deep fascia</li> </ul>	
Describe the cutaneous supply of skin of neck	
List the different modifications of deep fascia	Tutorial
<ul> <li>Describe prevertebral and pre-tracheal, investing layers of deep fascia</li> </ul>	Tutonai
Describe the carotid sheath	
<ul> <li>List the contents of carotid sheath at different levels &amp; its important relations</li> </ul>	
<ul> <li>Describe the platysma muscle, its innervation and action</li> </ul>	
32. Anterior Triangle of Neck	
Discuss the division of triangles of neck	Interactivo
<ul> <li>List the subdivisions of anterior triangle</li> </ul>	<ul> <li>Interactive</li> <li>Lecture</li> </ul>
<ul> <li>Describe the boundaries and contents of sub divisions of anterior triangle i.e. Sub mental, Sub- mandibular, Muscular &amp; Carotid</li> </ul>	Lecture
33. Submandibular region & Submandibular gland	
Describe the boundaries of Sub-mandibular triangle	
List the contents of Sub-mandibular triangle	
<ul> <li>Describe the anatomy of Sub-mandibular salivary gland</li> </ul>	<ul> <li>Interactive</li> <li>Lecture</li> </ul>
<ul> <li>Describe emergence and course of Wharton's duct and its relation with lingual nerve.</li> </ul>	Lecture
Describe the location & connections of Sub-mandibular ganglion	
<ul> <li>Describe the location and area of drainage of Sub-mandibular lymph nodes</li> </ul>	
34. Posterior triangle of neck, Cervical Plexus & Cranial Nerve XI	
<ul> <li>Discuss briefly the division of neck into anterior and posterior triangles</li> </ul>	
<ul> <li>Describe the boundaries of posterior triangle of neck</li> </ul>	Interactive
<ul> <li>List the contents of posterior triangle of neck</li> </ul>	Lecture/ Small
<ul> <li>Discuss the formation, branches and functions of cervical plexus</li> </ul>	Group
<ul> <li>Discuss the origin, course, branches and functions of cranial nerve XI</li> </ul>	Discussion
• Discuss the clinical conditions associated with posterior triangle of neck, cervical plexus and cranial nerve XI	
35. Pharynx & Tonsils	
Discuss the morphology, location and extent of pharynx	
• Explain the division of pharynx into Nasopharynx, Oropharynx & Laryngopharynx	Interactive
Describe the pharyngeal and palatine tonsils	<ul> <li>Lecture/ Small</li> <li>Group</li> </ul>
Discuss the origin, insertion and actions of pharyngeal muscles	Discussion
Discuss the significance of Pharyngeal and Oropharyngeal isthmus.	
Discuss the innervation and blood supply of pharynx along with the associated clinical conditions	
36. Gross anatomy of thyroid & parathyroid gland	
<ul> <li>Explain the gross anatomy of the thyroid &amp; parathyroid gland</li> </ul>	
<ul> <li>Discuss the blood supply and nerve supply of thyroid and parathyroid gland</li> </ul>	Interactive
Relate the clinical anatomy of thyroid and parathyroid gland with the relevant conditions	Lecture/
37. Gross & histology of larynx	Small Group
Explain the gross anatomy of larynx	Discussion
<ul> <li>Discuss the blood supply, nerve supply, and clinical anatomy of larynx</li> </ul>	
<ul> <li>Describe the histological features of larynx</li> </ul>	

38. Development of Thyroid, Parathyroid, Larynx and Thymus	
<ul> <li>Describe the developmental anatomy of thyroid, parathyroid, larynx and thymus</li> </ul>	
<ul> <li>Discuss congenital anomalies associated with their development</li> </ul>	
39. Blood vessels and Lymphatics drainage of head and neck	late as stires
<ul> <li>Describe the major vessels of head &amp; neck</li> </ul>	Interactive Lecture
<ul> <li>Describe the Superficial and deep cervical lymph nodes</li> </ul>	
Explain their relation with jugular veins	
Summarize their area of drainage	
Discuss their clinical significance	
40. Gross & Histology: Internal Ear	
Describe the parts of internal ear	Creall Crease
<ul> <li>Describe the histological features of the parts of internal ear</li> </ul>	Small Group Discussion
<ul> <li>Discuss the functions of internal ear as an organ for hearing and balance</li> </ul>	Discussion
<ul> <li>Discuss the clinical conditions associated with internal ear</li> </ul>	
41. Development of Ear	
<ul> <li>Explain the development of external, middle and internal ear</li> </ul>	
<ul> <li>Discuss congenital deafness and other anomalies of the ear</li> </ul>	latovo etivo
42. Integrated lecture on auditory pathway	Interactive Lecture
<ul> <li>Discuss the components of auditory pathway</li> </ul>	Lecture
<ul> <li>Describe the function of different parts of auditory pathway</li> </ul>	
<ul> <li>Describe the clinical conditions associated with auditory pathway</li> </ul>	
43. Surface anatomy of head and neck (Facial Artery and Parotid Gland)	
Trace the course of facial artery in the face	
Palpate the facial artery	Tutorial
<ul> <li>Identify the landmarks of borders and surfaces of parotid gland</li> </ul>	
Palpate the Parotid gland	
<ul> <li>Trace the course and opening of parotid duct</li> </ul>	
44. Histology of Tongue	
<ul> <li>Identify the microscopic slide of tongue based on histology</li> </ul>	
<ul> <li>Describe the different layers of tongue</li> </ul>	
Describe different types of lingual papillae	
Describe different glands of tongue	
45. Histology of salivary gland	
Identify the histological slide of salivary gland	
Describe the histological appearance of salivary gland	
Describe the different types of acini	Practical
46. Histology of Eye Ball	
Identify the histological features of eyeball	
Describe the histological feature of each coat of eye ball	
Describe the histology of cornea and lens	
Discuss the arrangement and composition of the layers of retina	
47. Histology of Nasal Cavity, respiratory & olfactory epithelia	
Identify various parts on slides	
Describe histological characteristics of each part     2022	 Page   13

# BIOCHEMISTRY

TOPICS & OBJECTIVES	LEARNING STRATEGIES
1. Introduction to nutrition	
Discuss nutrition, nutrients, BMI, RDA and RMR	
Discuss the biochemical importance of Balanced diet	
Discuss the basic food groups	Interactive
List the essential nutrients and their importance in the diet	Lecture/ Small
Discuss the dietary sources and recommendations of micronutrients	Group
Describe the importance and benefits of water	Discussion
Discuss the importance of dietary fibers	
Discuss the daily caloric requirements	
Discuss the Dietary Reference Intakes (EAR, RDA, AI, UL)	
Discuss the clinical disorders of nutrition	
2. Nutritional importance of dietary carbohydrates	
Explain the biochemical importance of dietary carbohydrate	
Discuss Balanced diet	
Classify the types of dietary carbohydrates	
Discuss the significance of simple and complex dietary carbohydrates	
Explain the Glycemic index and Glycemic load	
Describe the biochemical complications of Obesity	Interactive
Discuss metabolic syndrome and its complications	Lecture/ Case-
3. Nutritional importance of dietary proteins	Based
Classify Proteins according to their nutritional importance and give examples	Learning
List the biochemical functions of proteins in the body	
Explain recommended dietary requirements of protein in different age groups	
Describe the Amino acid pool & Nitrogen balance	
Describe Protein energy malnutrition (Marasmus & Kwashiorkor)	
<ul> <li>List the common causes of protein energy malnutrition</li> </ul>	
Explain clinical presentation of patient having PEM.	
4. Nutritional importance of dietary lipids	
Classify Lipids according to their nutritional importance and give examples	Interactive
Explain the biochemical functions of dietary lipids	Lecture/ Small
Discuss the sources and recommended daily allowance of dietary lipids	Group
Discuss the biochemical mechanism of development of atherosclerosis	Discussion/
Discuss the clinical significance of dietary lipids (Metabolic syndrome, Atherosclerosis)	Case-Based Learning
List the common causes of steatorrhea	Learning
Explain clinical presentation and treatment of patient with lipid malabsorption	

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5. Vitamin A	
Explain the chemical structure of Vitamin A	
Classify the different types of Vitamin A	
Explain the biochemical functions of Vitamin A	
Discuss the role of vitamin A in visual cycle	
List the sources and daily requirement of Vitamin A	
Discuss the clinical significance of Vitamin A deficiency and toxicity	Interactive
Correlate the interpretation of laboratory investigations with relevant clinical conditions	Lecture/ Small
6. Overview of Dietary Minerals	Group
List and classify the dietary minerals with their biochemical importance	Discussion
Describe their sources and daily recommended allowances	
Explain their biochemical functions	
Discuss the clinical significance of mineral deficiency and toxicity	
7. Balanced diet	
Discuss the clinical importance of balanced diet	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	
8. Deficiencies of minerals	
Discuss the clinical importance of minerals(e.g. Iron, Calcium)	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	Interactive
9. Obesity	Lecture
Discuss the clinical importance of Obesity	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	
10. Protein Calorie Malnutrition (PCM), Marasmus and Kwashiorkor	
Discuss the clinical importance of PCM, Marasmus and Kwashiorkor	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	Case -Based
11. Metabolic syndrome, Atherosclerosis	Learning
Discuss the clinical importance of Metabolic syndrome & Atherosclerosis	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	
12. Calculation of Body Mass Index (BMI)	
Explain the significance of calculation of Body Mass Index	
Explain the method to calculate BMI	
Calculate the BMI	
Interpret the significance of the calculated BMI	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	
13. Interpretation of glycemic index	Practical
Define Glycemic Index and Glycemic Load	
Compare the Glycemic index of different carbohydrates	
Interpret the significance of GI & GL	
Outline the method for calculation of GI of various food items	
Correlate the interpretation of laboratory investigations with relevant clinical conditions	

# COMMUNITY MEDICINE

TOPICS & OBJECTIVES	LEARNING STRATEGIES
Air pollution, Noise pollution & its control	
Describe the sources of air pollution and its control.	Interactive Lecture
Discuss noise pollution & its control	Lecture

# FAMILY MEDICINE

TOPICS & OBJECTIVES	
Clinical presentation of common nasal diseases	
• list the common diseases of the nasal cavity (rhinitis, nasal obstruction ,epistaxis)	late an ethics
• Describe the clinical presentation of common diseases of nasal cavity Discuss the nasal manifestations of covid 19	Interactive lecture/
• Describe the clinical presentation of common diseases of oral cavity(oral thrush/ulcers,oral cancers)	Simulation based learning
• Describe the clinical presentation of common diseases of throat (Tonsilitis and Pharyngitis).	based learning
Discuss the reason of loss of taste in covid 19.	

# NEUROLOGY

TOPICS & OBJECTIVES	LEARNING STRATEGIES
Facial Nerve Palsy	Case -Based
• Explain the signs and symptoms of Facial nerve Palsy	
Examine Facial nerve on a simulated patient	Learning

## PHYSIOLOGY

TOPICS & OBJECTIVES	LEARNING STRATEGIES
1. Optics of eye	Interactive
Explain the basic physiology of eye & its refractive surfaces	Lecture/ Small
Discuss the physical principles of optics	Group
Describe the mechanism of accommodation & its control	Discussion

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2. Formation & circulation of aqueous humor	
Describe the formation and circulation of aqueous humor	late ve etil ve
Explain the mechanism of regulation of intraocular pressure	Interactive
Define glaucoma & its types	Lecture/ Case -Based
Explain pathophysiology of glaucoma.	
List different types of glaucoma	Learning
Discuss the treatment plan of glaucoma	
3. Visual acuity & errors of refraction	Interactive
Define visual acuity	Lecture/ Small
Describe the errors of refraction (Myopia, hyperopia, astigmatism & their correction by using	Group
different lens systems	Discussion
4. Photo-transduction	
Describe the physiology of retinal layers	
Explain photochemistry of vision (rhodopsin - retinal)	
Describe the mechanism of activation of Rods	Interactive
5. Visual pathway & its lesions	Lecture/ Small
Explain the neural circuitry of the Retina	Group
Describe the physiology of visual pathway	Discussion/
<ul> <li>Name the optic lesion associated with visual pathway</li> </ul>	Self Directed
6. Eye movements & its control	Learning
Explain the muscular control of eye movement	
Describe the fixation movements of eye	
Define accommodation reflex & pupillary light reflex	
7. Sense of hearing, mechanism of hearing	Interactive
<ul> <li>Describe the physiology of hearing &amp; function of tympanic membrane &amp; ossicular system</li> </ul>	Lecture/ Small
<ul> <li>Define impendence matching &amp; attenuation reflex</li> </ul>	Group
<ul> <li>Explain the conduction of sound waves in the cochlea</li> </ul>	Discussion
Describe the function of the organ of Corti	Discussion
8. Auditory pathway	
Explain the auditory nervous pathway & abnormalities associated with it	Interactive
Describe the function of cerebral cortex in hearing	Lecture/
9. Sense of taste & smell	Small Group
List the primary sensations of taste	Discussion/
Explain the mechanism of taste perception and its transmission into central nervous system	Practical
List the primary sensations of smell	
Describe the stimulation of olfactory cells & its transmission into central nervous system	
10. Visual acuity & color vision	
Define visual acuity	Interactive
Determine the near and far visual acuity	Lecture/ Small
List the refractive errors and their correction	Group
Examine the color vision of a subject using Ishihara eye chart	Discussion
Discuss the errors in color vision	

11. Perimetry		
Describe various parts of Perimeter and their uses		
Define physiological blind spot	Practical	
<ul> <li>Interpret perimeter chart of a patient and tell if any abnormality is present</li> </ul>		
<ul> <li>Identify lesions of the visual pathway by performing Perimetry</li> </ul>		
12. Hearing test		
Elaborate bone conduction and air conduction	Interactive	
Describe the principle of various tuning fork tests	Lecture /Case	
Identify conductive and sensorineural deafness based on interpretation of tuning fork tests	-Based	
List the three common types of deafness	Learning/	
• Explain the signs & symptoms, of deafness	Practical	
Discuss the diagnosis and treatment of deafness		
13. Smell and taste		
List the basic sensation of smell		
Identify the abnormalities associated with perception of smell	Practical	
Map the pathway of sense of smell		
List the basic modalities of taste		
Identify the abnormalities associated with sense of taste		
14. Mechanism of Phonation		
Discuss the mechanism of Phonation		
15. Malnutrition	Interactive	
Explain the types of malnutrition	Lecture	
List 5 most common causes of malnutrition.		
Discuss treatment plan of malnutrition		
16. Sense of Olfaction & Olfactory Pathway	Flipped	
List different types of olfactory sensation	Flipped classroom	
Explain the olfactory pathway		

# **RESEARCH METHODOLOGY**

TOPICS & OBJECTIVES	LEARNING STRATEGIES
1. Non-probability sampling	
Define Non-Probability Sampling	
2. Sampling technique of research synopsis	
Explain Sampling technique of research synopsis	
3. Types of data & variables	
Describe the types of data and variables	
4. Types of bias & confounding variables	
Discuss the types of bias & confounding variables	
5. Sample size calculation	
Calculate sample size on statistical software	
6. Data collection tool, Questionnaire development of research synopsis	
Define research, its types and its importance	Interactive
Discuss research questions	Lecture/ Small Group
List characteristics of a good research question	Discussion
Phrase a research question correctly	
Develop Data collection tool (questionnaire development )	
Discuss the ethical consideration in data collection	
7. Plan of analysis for synopsis	
List the tools of data analysis	
Discuss the types of data analysis & Statistical test used in data analysis	
8. Ethical consideration in data collection	
Discuss the ethical consideration in data collection	
9. Informed consent form and budget gantt chart	]
Explain Informed consent form	
<ul> <li>Develop gantt chart for your synopsis</li> </ul>	

# **LEARNING RESOURCES**

SUBJECT	RESOURCES
ΑΝΑΤΟΜΥ	<ul> <li>A. <u>GROSS ANATOMY</u></li> <li>1. K.L. Moore, Clinically Oriented Anatomy</li> <li>2. Neuro Anatomy by Richard Snell</li> <li>3. <u>https://www.kenhub.com/en/dashboard</u></li> </ul>
	<ul> <li>B. <u>HISTOLOGY</u></li> <li>1. B. Young J. W. Health Wheather's Functional Histology</li> <li>C. <u>EMBRYOLOGY</u></li> <li>1. Keith L. Moore. The Developing Human</li> <li>2. Langman's Medical Embryology</li> </ul>
BIOCHEMISTRY	<ol> <li>TEXTBOOKS         <ol> <li>Harper's Illustrated Biochemistry</li> <li>Lippincott's Illustrated reviews of Biochemistry</li> <li>Lehninger Principle of Biochemistry</li> <li>Biochemistry by Devlin</li> <li>Essentials of Medical Biochemistry by Mushtaq Ahmed (2 Volumes)</li> </ol> </li> </ol>
PHYSIOLOGY	<ul> <li>A. <u>TEXTBOOKS</u> <ol> <li>Textbook Of Medical Physiology by Guyton And Hall</li> <li>Ganong 'S Review of Medical Physiology</li> <li>Human Physiology by Lauralee Sherwood</li> <li>Berne &amp; Levy Physiology</li> <li>Best &amp; Taylor Physiological Basis of Medical Practice</li> </ol> </li> <li>B. <u>REFERENCE BOOKS</u> <ol> <li>Guyton &amp; Hall Physiological Review</li> <li>Essentials Of Medical Physiology by Jaypee</li> <li>Textbook Of Medical Physiology by InduKhurana</li> <li>Short Textbook Of Physiology by Mrthur</li> <li>NMS Physiology</li> </ol> </li> </ul>



## **ASSESSMENT METHODS:**

- Best Choice Questions(BCQs) also known as MCQs (Multiple Choice Questions)
- Objective Structured Practical/Clinical Examination (OSPE or OSCE)

## **Internal Evaluation**

- Students will be assessed comprehensively through multiple methods.
- 20% marks of internal evaluation will be added to JSMU final exam. That 20% may include class tests, assignment, practicals and the internal exam which will all have specific marks allocation.

## Formative Assessment

Individual department may hold quiz or short answer questions to help students assess their own learning. The marks obtained are not included in the internal evaluation

## For JSMU Examination Policy, please consult JSMU website!

More than 75% attendance is needed to sit for the internal and final examination



## **LNH&MC EXAMINATION RULES & REGULATIONS**

- Student must report to examination hall/venue, 30 minutes before the exam.
- Exam will begin sharp at the given time.
- No student will be allowed to enter the examination hall after 15 minutes of scheduled examination time.
- Students must sit according to their roll numbers mentioned on the seats.
- <u>Cell phones are strictly not allowed in examination hall.</u>
- If any student is found with cell phone in any mode (silent, switched off or on) he/she will be not be allowed to continue their exam.
- No students will be allowed to sit in exam without University Admit Card, LNMC College ID Card and Lab Coat
- Student must bring the following stationary items for the exam: Pen, Pencil, Eraser, and Sharpener.
- Indiscipline in the exam hall/venue is not acceptable. Students must not possess any written material or communicate with their fellow students.

WEEKS	2nd YEAR	MONTH
WEEK 1		28 <sup>th</sup> February 2022
WEEK 2		
WEEK 3		
WEEK 4	GIT & LIVER MODULE-I	
WEEK 5		31 <sup>st</sup> March 2022
WEEK 1		4 <sup>th</sup> April 2022
WEEK 2		
WEEK 3		
WEEK 4	NEUROSCIENCE MODULE-I	
WEEK 5		
WEEK 6		
WEEK 7		26 <sup>th</sup> May 2022
WEEK 1		31 <sup>st</sup> May 2022
WEEK 2		
WEEK 3		
WEEK 4	HEAD AND NECK & SPECIAL SENSES MODULE	
WEEK 5		
WEEK 6		
WEEK 7		22 <sup>nd</sup> July 2022
Mid Term Examination 30 <sup>th</sup> July 2022*		

# SCHEDULE:

\*Final dates will be announced later